

"Thursday 1st November 2012 . . .

1. *Wrote a letter to Saul last night . .*

2. . . *Sarah came around 10.00 am. It was great to see her, she was hoping to see the doctor. I put my name down but he did not come. He has "not seen" me three times previously.*

3. *Sarah took the note to Saul* [sketch of a smiling face] *She also gave me pens. . .*
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